

**OFFICIAL RULES**  
**AGA/ASMC BIGGEST LOSER COMPETITION**  
**2012 PROGRAM YEAR**

1. Organization representatives are Marilyn McGee for AGA and Charles Lopez for ASMC.
2. All team members must be current, paid-up members of the Indianapolis Chapter of their respective organization. For example, the AGA team will be composed of current, paid-up Indianapolis Chapter AGA members only. Sign up with your organization representative by **Tuesday, January 3, 2012**.
3. There is no limit to the number of members on a team.
4. Weigh-ins will take place at the common scale located on the second floor, center hallway, south. Weigh-ins will be observed by representatives of both AGA and ASMC. Records of weigh-ins will be maintained only by these representatives. Their decisions are final.
5. Weigh-ins will take place between 8:45 AM and 9:00 AM according to the schedule below (the first Wednesday of the month):
  - a. Wednesday, January 4, 2012 – CRITICAL (must establish baseline)
  - b. Wednesday, February 1, 2012
  - c. Wednesday, March 7, 2012
  - d. Wednesday, April 4, 2012 – CRITICAL (last weigh-in)
6. Progress will be measured by percentage of weight lost from January (for April) and from the previous month's weigh-in for February and March.
7. Prizes
  - a. For February and March:
    - 1) The person with the highest percentage of weight lost (based on the previous month's weigh-in) from each team will receive a \$15 card from their respective organization.
    - 2) The person with the second highest percentage of weight lost (based on the previous month's weigh-in) from each team will receive a \$10 gift card from their respective organization.
  - b. For April:
    - 1) The person with the highest percentage of weight lost (based on January's weigh-in) on the winning team (by team percentage of weight lost based on January's weigh-in) will be awarded a \$150 cash prize. The prize will be awarded once the winner shows proof of payment for their 2012 membership dues.
    - 2) The person with the highest percentage of weight lost (based on January's weigh-in) on the losing team (by team percentage of weight lost based on January's weigh-in) will have their next membership fees reimbursed by their organization.
    - 3) The person with the second highest percentage of weight lost (based on January's weigh-in) from each team will receive a \$25 gift card from their respective organization.
8. Prize qualifications:
  - a. For the months of February and March: A participant must have weighed-in in the previous month.
  - b. For April: A participant must have weighed-in in January.

Questions? Call Marilyn (AGA) or Charles (ASMC).